Supporting your Perinatal Units During COVID-19: Outpatient Care and Patient Education

May 15, 2020
WEBINAR LOGISTICS

- Attendees are automatically muted upon entry
- The “chat” function has been disabled. **Please utilize the Q&A box if you are having technical difficulties and to submit any questions you have for the presenters.** We will answer a select number of questions relevant to the topics presented during the Q&A portion of the webinar. The remainder of the questions will be used to inform the topics of future webinars in this series.
COVID-19 RESOURCES FOR MATERNAL AND INFANT HEALTH

The safety and well-being of the healthcare workers, patients, and communities of California hospitals is our top priority. We have aggregated the following resources about COVID-19 in maternal and infant health to help hospitals and healthcare workers respond to the situation as it unfolds.

Last Updated: Apr 9, 2020 @ 10:24 pm PDT

- CPQCC/CMQCC Webinars
- Sample Hospital Resources
- Organizational Recommendations
- Caregiver Resources
- Patient Resources
- Data Registries
- About Us

- The slides and webinar recording will be made available on this site later today. Due to the rapidly changing guidelines around COVID-19, they may be taken down after two weeks.
- For more information email: info@CAperinatalprograms.org
The content in these slides is current as of 5/15/20.

DISCLAIMER

- The information shared in this webinar series and on our resource site are examples of how hospitals, healthcare workers, and families in California are responding to COVID-19. We understand that each hospital is working with a different set of resources and constraints and as such some of the recommendations presented may not be applicable to your hospital setting. Guidelines and recommendations should be adapted to fit your local needs.

- As this is a rapidly evolving public health situation, we encourage you to take into consideration the most recently available local health department and CDC guidance when developing your internal protocols.
TODAY’S PRESENTERS

* Today’s presenters have nothing to disclose.

- **Elliot Main, MD**, Clinical Professor of Obstetrics and Gynecology (Maternal-Fetal Medicine), Stanford School of Medicine and Medical Director, CMQCC
- **Carrie Griffin, DO**, With Open Arms Reproductive Health
- **Sandra Lombardi-Lytle, RN, CCM, PHN, IBCLC**, High Risk Infant Follow Up (HRIF) Program Coordinator, Lucile Packard Children’s Hospital Stanford
- **Wendy McGrail, MPH, RDN**, Regional Breastfeeding Liaison, PHFE WIC
- **Pamela Phillips, MD**, Vice Clinical Chief for Pediatrics, Cedars-Sinai Medical Center
- **Erin Saleeby, MD, MPH**, Chair for the Department of Obstetrics & Gynecology, Harbor-UCLA Medical Center and Director of Women’s Health Programs & Innovation for LA County Department of Health Services
- **Elizabeth Smith, CNM, MSN**, Director, Santa Rosa Birth Center and Treasurer, California Nurse Midwives Association
COVID-19
Key Data for California

Elliott Main, MD
CMQCC COVID OB Leadership Group

Weekly meetings of OB MD and RN leaders from all universities, all large systems and key hospitals
The content in these slides is current as of 5/15/20.

**New reported cases by day in New York**

Note: The seven-day average is the average of a day and the previous six days of data.

**New reported deaths by day in New York**

Population: 19.5 million

**New reported cases by day in California**

Note: The seven-day average is the average of a day and the previous six days of data.

**New reported deaths by day in California**

Population: 40 million
The content in these slides is current as of 5/15/20.

Disease Incidence Varies Greatly by Location!

This will clearly affect the rate of COVID Pos asymptomatic women presenting to L&D...

Cumulative Cases Per Million:
- NYC: 22,700
- Chicago: 10,300
- Miami-Dade: 5,200

Prior Week’s Reports:
Cumulative Deaths from COVID-19 in California

- NYC: 2,330
- Chicago: 456
- Miami-Dade: 180

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California COVID-19 OB Experience

- Covid-19 positive (and PUI) obstetric patients are uncommon
  - 1-2 cases per week and many have seen fewer
- A handful of pregnant/postpartum COVID-19 ICU admissions
  - Several 2nd trimester cases were intubated but recovered and discharged pregnant
- A lot of interest and excitement for universal rapid COVID-19 testing
  - So far, the rate of positive tests among asymptomatic pregnant women is quite small: ~1.5% but many <1%
- Of clinical interest: 2nd trimester illness, Cholestasis, anticoagulation
- Locations with low incidence are considering “relaxing” a bit
California COVID Deaths by Race as of 5.13.20

<table>
<thead>
<tr>
<th>RACE/ETHNICITY</th>
<th>POSITIVE CASES</th>
<th>DEATHS</th>
<th>CA POPULATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>AI AN</td>
<td>0%</td>
<td>0%</td>
<td>0.5%</td>
</tr>
<tr>
<td>Asian</td>
<td>11%</td>
<td>16%</td>
<td>15%</td>
</tr>
<tr>
<td>Black</td>
<td>6%</td>
<td>10%</td>
<td>6%</td>
</tr>
<tr>
<td>Latino</td>
<td>51%</td>
<td>36%</td>
<td>39%</td>
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<tr>
<td>NH PI</td>
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<td>1%</td>
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<tr>
<td>White</td>
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<td>37%</td>
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<tr>
<td>Multiracial</td>
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<td>1%</td>
<td>2.0%</td>
</tr>
<tr>
<td>Other</td>
<td>6%</td>
<td>1%</td>
<td>n/a</td>
</tr>
</tbody>
</table>

Total Deaths: 2,847 (prior report indicated 14% of deaths were missing race/ethnicity)

COVID-19 Key Data Sources for California

*Updated 5.15.20*

- **COVID-19 Key Resources and Data for California (CMQCC/CPQCC)**
  
  [https://caperinatalprograms.org/](https://caperinatalprograms.org/)

- **Johns Hopkins Coronavirus Resource Center** - Compares countries, states and cities, good for cumulative data
  
  [https://coronavirus.jhu.edu/map.html](https://coronavirus.jhu.edu/map.html)

- **NBC News Graphics: Coronavirus Deaths per Day** - US and State deaths per day over the last several months: good for trends in deaths
  

- **California Health and Human Services Data Portal** - Compares counties with great controls for presentation, including population rates rather than just raw numbers
  

- **COVID-19 County Tracker - UCSF Butte Lab** - Compares counties with great controls for presentation, including population rates rather than just raw numbers
  
  [https://covidcounties.org/](https://covidcounties.org/)
Panel Discussion

Moderated by:
Christina Oldini, MBA, RN, CPHQ
Courtney Nisbet, RN, MS
Christa Sakowski, MSN, RN, C-EFM, CLE
Panelists

Carrie Griffin, DO

Sandra Lombardi-Lytle, RN, CCM, PHN, IBCLC

Wendy McGrail, MPH, RDN

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