Steps to evaluating a patient with respiratory symptoms in the Family Birth Center

All patients assessed for respiratory symptoms and COVID-19 risk factors upon arrival to FBC

If patient has any respiratory symptoms, place isolation mask on patient and place in an isolated, single occupancy room.

Senior level provider (Attending MD preferred, or Senior OB Resident if necessary) assesses patient (for both MD and CNM patients), wearing surgical mask with eye protection.

NO JUNIOR RESIDENTS OR STUDENTS TO BE INVOLVED.

**CNMs can evaluate patients as necessary as well.

Initial assessment should include:
- Symptoms (fever, cough, SOB, chest pain)
- Travel history and recent contacts with known COVID+ or PUIs
- Vitals including O2 saturation and physical exam
- Respiratory pathogen panel
- Consider CXR and/or low-dose CT chest (higher sensitivity/specificity)
- CBC, CMP, and consider blood and sputum cultures
- Consider need for Infectious Disease consult or higher level of care (e.g. ICU)
- Assess need for admission
- Determine risk of COVID – if higher suspicion is determined, provider should immediately use N95, eye protection, gown and gloves

For antepartum and postpartum patients without immediate OB concerns needing admission, patients should be transferred to 6th floor (or ICU if needed) to cohort with other PUIs/COVID+ patients.

COVID-19 symptoms:
- T >37.8C or 100F
- Cough
- Sore throat
- SOB
- Chills
- Headache
- Body aches
- Fatigue
- Loss of smell
- Runny nose or nasal congestion
- Nausea, vomiting, diarrhea

For patients being admitted in labor or with immediate OB concerns, preferentially place in negative pressure room on H22/H25, or if unavailable in an LDR room.

Higher COVID-19 Suspicion based on:
- Syndrome with predominant fever, cough, SOB, or fatigue with moderate to severe symptoms
- Suggestive findings
  - Abnormal CXR and/or Chest CT with bilateral ground-glass pattern peripheral opacities
  - Hypoxia, tachypnea
  - Leukopenia or lymphopenia
- Close-contact with a person diagnosed with COVID-19

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